Contact Information:

Name

Phone/Email

Address

Suggested Headlines:

* *Local Restaurant Now Offers Heart Healthy Meals*
* *Hooray for Heart-Healthy New Meals*
* *Yes - You can Have Your Cake and Eat it Too (and still be healthy)!*

Dear Editor,

Did you know that {restaurant name}, located at {restaurant address} has recently expanded their menu to include dish(es) which are plant-based, oil-free, and are absolutely scrumptious! If someone in your family or your neighbor is struggling with type 2 diabetes or heart disease, you can now dine out with them at {restaurant name} with the confidence that everyone can enjoy a tasty meal without exacerbating health issues.

It is often difficult to find truly healthy options at restaurants. However, {restaurant name} now has {item} on their menu, which satisfies the plant-based, no added fat prescription that more and more doctors are giving their patients. I enjoyed a meal of {describe what you ate}. It was a delicious option prepared using fresh ingredients. The vegetables were beautiful and flavorful. The owner {include name} was accommodating and enthusiastic about creating a meal that was healthful and plant-based for me. I encourage other diners to frequent {restaurant name}. Supporting local businesses is important, especially when those local businesses support us. Please consider enjoying your next meal at {restaurant name}. I will likely see you there!!

Thank you for your time. Please contact me with any questions.

Sincerely,

{Name}