

PLANTPURE COMMUNITIES

PLANTPURECOMMUNITIES.ORG

Welcome To The PlantPure Communities Toolkits!



PlantPure Communities (PPC) developed these virtual Toolkits as topic-specific project guides particularly to support the PlantPure
Communities Pod Network and other advocates working to spread the health message of plant-based diets. The Toolkits offer Group Leaders a range of resources and activities that are meaningful to the people who participate in the Pods (community groups) and other initiatives aimed at creating positive change in neighborhoods and beyond.

Each of the Toolkits offer a wide range of materials, forms, resources, instructions, 'how-tos', chronological steps, and more. Toolkits are generally organized in a similar manner, with sections that include Action Sheets, Info Sheets, Templates, Reporting Forms, Multimedia Tools, FAQs, and Recommended Resources.

Group Leaders may choose to use the Toolkits to create a menu of potential project options that Pod members may choose to implement in their communities. The Toolkits can be used to discuss priorities and secure buy-in from Pod members to carry out short-term or longer-term projects.

The materials in the Toolkit have been crafted so that they may be downloaded and printed individually, such as the "WFPB Diet Explained," which Group Leaders may want to bring to each Pod meeting and share with new members.



The Toolkits also offer many opportunities for Group Leaders and Pod Members to provide feedback, so that PPC can keep the Toolkits current and so that the toolkits can be a vehicle to share best practices.

New Toolkits will be added approximately every quarter over the next year. Check out the "More Toolkits to come" link on the main Toolkits webpage to see what is planned and to share your suggestions. If you have depth and/or experience connected to any of these topics that you would like to share, please send an email to info@plantpurecommunities.org and let us know the details!

For new Group Leaders, we particularly recommend the <u>Leadership Toolkit</u>, which includes detailed suggestions on how to maintain and grow community member participation in a Pod.

For updates on what Pods are doing and how they are using the Toolkits, please be sure to regularly check out Pod News!