JOIN A POD!
Pods are local independent groups that advocate plant-based nutrition for reasons like health, the environment, sustainability, animal welfare, and food inequities.

NEARLY 500 PODS
OVER 40,000 PEOPLE

Pod meetings and events may include everything from potlucks and picnics to movie screenings, vegfests, speaker events and advocacy initiatives (See our new Toolkits!)

GATHER AROUND THE CONCEPT OF PLANT-BASED NUTRITION!
Find support, make friends, expand your knowledge, create change, build community, and have fun.

CONTACT YOUR LOCAL POD:
The PlantPure Pod Network is a grassroots movement supported by the nonprofit organization, PlantPure Communities.

VISIT PLANTPURECOMMUNITIES.ORG