

PLANTPURE COMMUNITIES

ACTION SHEET: PPN FILM SCREENING

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Leadership

The 2015 PlantPure Nation documentary film was created/produced by Nelson Campbell, the son of Dr. T. Colin Campbell and founder of PlantPure Communities. The documentary covers important topics such as the health benefits of a whole food, plant-based diet and why this information is not well known; the connection between food deserts and the health of communities; as well as the importance of local farming.

Many Pods have found that screening the film creates a sense of community and purpose, and helps to provide context to Pod members for both the origins of the Pod program as well as how their Pod is a part of a larger grassroots movement. While the film is available on Netflix, it has been reported that it can be more impactful to screen the film with a larger group of people. In addition, folks have often scheduled educational Q & A sessions following the screening. More information about the film can be found at: www.plantpurenation.com/pages/about-the-film

Accessing the PPN Film for a Screening

- Picking a Date
- There is no licensing fee to screen the film to a group of people
- To purchase a copy of the DVD: www. plantpurenation.com/collections/dvds
- To download or stream the film: <u>www.</u> <u>plantpurenation.com/pages/watch-the-film</u>
 - The price to rent/stream the film is \$6.95
 - The price to own/download the film is: \$14.95

Setting up the Logistics for the Screening

• Reach out to people and organizations that may be interested in hosting or helping to organize a screening. For example, contact local vegan and MeetUp groups.





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- Find a location for the screening, such as a church, community center, library, or local theater.
- Check to make sure the selected location has the necessary equipment to show the film. If not, look into renting or borrowing a projector, speakers, and a computer.
- Set the date and time for the screening: during the weekend is ideal as weeknights might be tight on time (the film is 95 mins).





Preparing for the Screening

- Promote the screening. (See the "Promoting Events" Action Sheet for more ideas!)
- Start getting the word out as soon as possible (ideally at least 3 months ahead) by sending out a Save-the-Date announcement.
- Use Social Media Facebook, Instagram, Twitter, etc.
- Use printed materials such as flyers to post or hand out around town (at health food stores, libraries, churches, Farmers Markets, etc.)
- Check out the "Host a Screening" webpage for memes you could use: <u>www.plantpurecommunities</u>. <u>org/host-a-plantpure-nation-screening/</u>
- Consider inviting a local plant-based advocate/ expert for a post-screening Q&A session.
- Test equipment ahead of time to make sure everything works.
- Consider providing whole food, plant-based snacks.
- Arrive 45 50 minutes early with flyers and a signup sheet for your Pod.

We welcome you to send suggestions and ideas to <u>info@plantpurecommunities.org</u>. This material may not be used out of context. Please refer to PPC's terms and conditions for more information. Updated December 2017.